

## Limits of Confidentiality

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Psychotherapy is completely confidential. Without your permission, I am not even permitted to acknowledge that I know you. However, like all rules, this has exceptions also. These are the exceptions:

Duty to Warn: I am mandated by law to disclose information discussed in therapy if my client has an intent or plan to harm themselves or another person.

Insurance Providers: If we are using your insurance, the insurance company has the right to request information such as a description of your impairments, dates and times of service, diagnosis, treatment plans, treatment progress, prognosis for improvement, case notes and summaries.

Lastly, I am a mandated reporter of the abuse of a child, an elderly or a disabled person. That means I am required by law to report stated or suspected abuse of a child, elderly or disabled adult to the appropriate social service agencies.

I have read and understand the above-stated limitations to confidentiality. If I choose to disclose my protected information I understand that will require a Release of Information form.

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_